

Planning *My Way*

Choosing a Spokesperson

This worksheet will help you choose the best spokesperson for you. Enter the names of the people you're considering to be your spokesperson, one name at the top of each column. Your spokesperson should be a competent adult. For each person, consider each statement in the left-hand column. If the statement is true, mark the box under that person's name. If the statement is not true, leave the box blank. You should think about how important each statement is to you when choosing the best spokesperson for you.

Would be willing to speak for me.			
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Would be able to act on my wishes instead of his/her own wishes.			
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Lives close by or could travel to be at my side if needed.			
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Knows me well and understands what's important to me.			
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Could handle the responsibility.			
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Will talk with me now about sensitive issues and will listen to my wishes.			
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Would be available in the future if needed.			
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Would be able to handle conflicting opinions between loved ones and/ or medical personnel.			
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Would be firm yet flexible when faced with confusion and changing information.			
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Would be able to communicate well and be clear and strong when talking with doctors or hospital officials.			
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Notes: