

Taking Care of What I Value

If you have a medical emergency or mental health crisis, you might not be able to make your own medical decisions or take care of things that matter to you. Are there certain people you'd like to care for your children, pets, or home? You can use this worksheet to discuss your choices with your spokesperson, loved ones, and health care providers. Enter contact information into the sections below that apply to you. Leave blank any sections that don't apply to you.

After completing the optional worksheet, initial each page and keep a copy of it with your other important papers. (Since this worksheet is not about medical decisions, there is no reason to attach it to your VA Advance Directive.) You should also get legal help to make sure that the people you name on this worksheet will have the legal authority to take care of your loved ones and property.

I want the following person (people) to take care of my CHILD(REN)

Name:	Home Phone:
Street Address:	Office Phone:
City/State/Zip:	Email:

Name:	Home Phone:
Street Address:	Office Phone:
City/State/Zip:	Email:

Name:	Home Phone:
Street Address:	Office Phone:
City/State/Zip:	Email:

I want the following person to take care of my PET(S)

Name:	Home Phone:
Street Address:	Office Phone:
City/State/Zip:	Email:

I want the following person to take care of my HOME(S)

Name:	Home Phone:
Street Address:	Office Phone:
City/State/Zip:	Email:

I want the following person to take care of my OTHER:

Name:	Home Phone:
Street Address:	Office Phone:
City/State/Zip:	Email:
